

Case Study Kent

Learner A came to us after finding our details online and hadn't been in work for many years due to anxiety and depression. We met with them virtually regularly and revamped her CV and pinned down her areas of expertise. We worked on confidence skills and interviews skills and regularly sent potential job opportunities across as well as completing applications virtually. The learner become very proactive, and we saw a sharp rise in confidence which inevitably ensured she found a job that she wanted to apply for without our supervision and using her updated CV and interview techniques she landed the role she was so passionate for. (Another charity associated with Mental Health that she has used in the past.) She was very grateful and shown gratitude for what had been an arduous and long path that had ended in success.